**Pre-birth risk/needs assessment**

**The pre-birth assessment should include the well-being indicators and focus on strengths as well as risk factors.**

**This antenatal assessment should include both parents, family and wider environmental factors.**

**Mother’s name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Partner’s name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**EDD:** \_\_\_\_\_\_\_\_\_\_\_

**Assessing Social Worker:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date of Assessment:** \_\_\_\_\_\_\_\_\_\_\_

**Well-being Indicators : 0 - Birth**

**Healthy**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| Keeps antenatal appointments  Good working relationship with professionals  Good self care skills  An awareness of the unborn baby’s needs  Ability to prioritise the baby’s needs.  Good support network | Drug/alcohol misuse  Domestic abuse  Mental ill health  History of postnatal depression  Poor engagement with professionals  Learning disability  Very young parent/immature  Stressful relationships  Limited support from others  Unwanted/concealed pregnancy |

**Achieving**

|  |  |
| --- | --- |
| Strengths | Risk factors |
| An understanding of the developmental needs of a baby  Good early childhood experiences  Positive experience of professional relationships | Lack of awareness of baby’s needs  Unrealistic expectations  Poor physical/mental health  Learning disability  Poor experience of professional relationships |

**Nurtured**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| Positive childhood experiences  Stable relationships  Maturity  Good support network  Empathy and the ability to keep the unborn ‘child in mind’ | Conflict and hostility in the family environment  Very young parent/immature  Poor relationship history  Poor physical or mental health  Lack of social supports  Inability to focus on the needs of the unborn child |

**Active**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| Keeping active during pregnancy  Visiting others in the community  Taking advantage of local activities  Prepared for the baby’s arrival | Social isolation  Physical or mental health problems that inhibit social activity  Inability to prepare for the baby’s arrival |

**Respected**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| Self-esteem  Positive relationships  Involved in decision making  Makes positive choices | Poor self-care  Poor self-esteem  Poor relationship history  Domestic abuse |

**Responsible**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| Able to make positive choices in pregnancy  Keeps all appointments and is proactive in self-care  Acknowledges concerns, without blaming others  Able to prioritise the well-being of the unborn child  Able to budget – good practical skills | Chaotic lifestyle  Unable to focus on, or prepare for the baby  Poor antenatal care  Prioritising of own and partners needs  Housing and financial problems  History of offending |

**Included**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| Good support from family or friends  Makes use of community resources | Social isolation  Poor social supports  Negative childhood experiences |

**Safe**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| No concerns regarding previous children  Good support network  Stable relationships  Suitable housing  Evidence of ability to change  Recognition and understanding of risks to the child | Abuse or neglect of previous children  Previous children removed/on child protection register  Poor impulse control  Abuse in childhood  Domestic abuse  Drug or alcohol misuse  Homeless / poor housing |

Source - Scottish Government ‘Vulnerable Families Pathway’ 2010

<https://www.gov.scot/publications/pathway-care-vulnerable-families-0-3/>