

Looked after at Home, not Home Alone: Partnership Working

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Kyle Thomson, Young Person

CELCIS Conference 2013



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- Kyle referred to Includem when he was 14yrs old for risk taking and offending behaviour.
- Includem supported Kyle to remain at home
- Includem supported Kyle to live safely within his community and into adulthood.



1. Referral and Assessment

This can happen within 24hrs

Initial enquiry to Includem

Referral Form sent and Team Manager phones Social Worker

Referral Form completed and returned

Referral Meeting - S.W. and Includem. Complete Risk Assessment . Agree service objectives and initial support plan. (If Crisis referral agree by phone)

Initial Joint contact with Includem, Social Worker and Young Person. Can be within 24hrs of referral meeting. (If Crisis referral initial contact without Social Work e.g. weekend)

Stages through Includem Intensive Support

1. Referral and Assessment
2. Engagement with Young People and their Families
3. Multi-agency working
4. Dealing with Crises
5. Transitions



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2. Engagement with Young People and their Families

- Quality relationships are absolutely key – listen, trust, respect
- Persistence pays – expect resistance
- Being there at times of need and crisis
- Continuity especially through transitions
- Use the relationship



Includem Model of Practice

Assessment and engagement

- Assess risk and responsivity
- Immediate contact post referral
- Review and develop the assessment
- Relationship building

The module – *This is My Life* contributes to these initial stages

Setting goals and action plan

- Build commitment to change and set goals
- Support planning meetings

Structured modules

- Offending and Risk-Taking Behaviours
- Understanding How Others Feel
- Managing My Emotions
- Sexually Harmful Behaviour (integrated)
- Drugs and Alcohol
- People in My Life
- Beating Boredom
- Health and Wellbeing
- Independent Living
- Education, Training and Employment

Structured coaching conversations

- Sustaining commitment to act on goals
- Connecting the learning from the programmes to real life
- Problem solving
- Reinforcing pro-social values and behaviours

Review and disengagement

- Relapse prevention plan
- Recognition of achievements
- Consolidate behaviour change
 - Stronger family relationships
 - Involvement in education, training or employment
 - Positive leisure pursuits
- Transition to using other social supports

The module – *This is My Future* contributes to this final stage.

CORE ELEMENTS THROUGHOUT INTERVENTION

- Persistence and Stickability.
- One-to-one relationships based on respect, honesty and care
- Help and support at times of need
- Focused supervision and support
- Crisis management
- Rigorous and positive responses to non-compliance
- Working in partnership with parents/carers
- Active brokerage role
- Rigorous risk management
- Monitor and evaluate outcomes



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3. Multi-agency working

- Communication is key
- Service available out of hours
- Helpline 24hrs/7days
- Relationship between workers



4. Dealing with crises

What happens when –
Its 8pm

Mum and Kyle screaming at each other with
threat of violence and risk of placement
breakdown?



5. Transitions

- ABL This is My Future
- Relapse prevention plan
- Transition to use other support services
- Big Lottery Funded Transitional Support

