## Continuing Care Rights

# Alex's Story

Does he have a right to Continuing Care after secure care?

#### Alex

I'm leaving secure soon. I wonder what's going to happen to me. I'm nearly 18 Everyone is going to expect me to be an adult now, but I don't feel ready. It's weird enough: the thought of leaving this place, let alone having to get my head around the fact of being back out and living by myself with no help. I don't think anyone would want to bother with me. All you hear around here is risk, risk this, risk that... A lot of people think I'm a risk. No one is going to want to live with me or look after me. This sucks, man. I'm going to be all by myself.

## Jelly the cat

Hi, Alex. Please stop worrying so much and stop thinking down on yourself. You're entitled to receive aftercare support when you leave secure care. That should include making sure you have safe and settled accommodation that meets your needs. Speak to both your social worker and legal advice about what will be the best for you when you leave. You can tell them about what's worrying you and what you want and don't want and they will be able to explain to you what your options are. You won't be alone.

### Alex

Oh, Seriously? That's cool. I don't know that! I know that we all have access to legal advice when we are in secure, but I didn't know you could ask them about this. That's great to know, thanks, Jelly

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