



**Dean & Cauvin** - Residential  
Young People's Trust - Fostering  
- Community

Supporting transitions with young people

[www.deanandcauvin.org.uk](http://www.deanandcauvin.org.uk)



## Supporting children, young people and families since 1733

- House for 5 young people aged 15-21
- House for 3 young mums and 3 babies
- Room 4U - Teenage Fostering service
- Community & Transition Team
- Wellbeing Hub
- Transition flats

**Aim: to deliver holistic support to vulnerable and care-experienced young people at high-risk transition points to enable a safe, supported pathway to young adulthood, parenthood, work, life and education.**



# Service design and delivery to enable and support transitions\*

## young people experiencing transitions

- Cliff-edges
- Fast and slow at the wrong times
- The same people and/or the right people
- Change in process and threshold – late to early
- No going back

## How we respond

- Integrate our own services, removal of 'projects'
- Increase assessment and reassessment work
- Training
- Creating places, spaces and pathways
- Young people as:
  - Young people
  - Children
  - Parents
  - Friends, family and citizens

## To deliver

- Whole family
- Employability & skills
- Tenancies & tenancy support
- Money and budget management
- Mental health support
- Drop-ins
- Peer Support
- Flexible support at evening and weekends

*\*from the perspective of a small, local, city-based East of Scotland 3<sup>rd</sup> sector specialising in work with young people aged 15-21 who are vulnerable, care experienced young people, their children and families. Staff team of 35-40,. Trying to incorporate The Promise, NES Trauma-informed practice, poverty commission recommendations, Care Inspectorate guidelines, SSSC guidelines, Mental Health strategies, local Whole Family Wellbeing Strategy, upskilling the workforce*

# Reflections and learning

- **Integration** – achievable? desirable?
- **Overlap** – is an opportunity for ‘seamless’ provision
- **Making the difference work** - invest in interfaces and inter-practitioner relationships – practitioner > senior leader
- **The organisation as a key relationship** – services supported to ‘stay put’ - implications for funding structures and trends.
- **Defining the transition space** a unique site of activity with specific practice, policy, systems and services operating within and across the space.
- **Importance of pathways** – coordinated, stepped-planning that respond to changing status of YP - legal status, rights, human developmental changes.