



Early Intervention and Prevention approach

East Dunbartonshire Council is strongly committed to engaging and supporting parents. The Families Together approach supports parents by creating a mechanism that brings together a range of services that support parents to overcome any barriers they may encounter. By providing the right support at the right time for parents, this will in turn support children and young people's learning, wellbeing and life chances



Family Champions – Early Years settings

Family Champions

In each of the local authority early years centres, an early years practitioner will be designated with the role of Family Champion – a first point of contact for parents, who can provide positive parenting support and advice using a preventative, universal approach.

Practitioners will put themselves forward for this champion role; the Family Champion needs to have a positive, friendly, and asset-based approach to build a trusting relationship with parents, encouraging participation and promoting inclusion.

Additional training is provided to family champions

Have a designated family space to meet with parents.

Relaxed approach providing a cuppa.

Over 100 families have been supported over the past year through a light-touch intervention, toilet training, positive eating and bedtime routines.

Other family engagement sessions within the early years' centres include stay and play sessions, storytelling, cooking, gardening, coffee and chat and grandparent events.

Signposting to other services



Structured support for families across Education settings

Family Champions	Family Learning Assistants	Supporting Families Workers
 Setting: Early Years Centres	 Setting: Primary Schools & Nurture Bases (12 funded schools)	 Setting: Central Team / 1-to-1 Deployment
 Support Level: Preventative & Universal	 Support Level: Targeted & Universal Community	 Support Level: Intensive & Complex
 Core Mandate: First point of contact; friendly, asset-based light-touch support.	 Core Mandate: Dual role balancing core nurture base support with wider school family learning.	 Core Mandate: Specialist interventions (trauma, neurodiversity) and mentoring for Family Champions.

Early Years and Supporting Families Practitioners - Central Team

Parenting: Supporting Families Workers

- Evidence- and research-based programmes and approaches, such as Triple P and NVR
- Early intervention approaches
- Preventative Work
- 1:1 parenting support bespoke to the needs of the family
- Group delivery - day and evening sessions
- Co-delivery of Seasons for Growth
- Training for practitioners across Education and wider

